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# January 2019

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## Cyril Varney P.S.

**Website:** [http://www.rainbowschools.ca/elementary/cyril\\_varney/](http://www.rainbowschools.ca/elementary/cyril_varney/)

**Facebook:** <http://facebook.com/CyrilVarneyPS>

**Telephone:** (705)566-2424

**Fax:** (705)566-6053

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### CONGRATULATIONS!

The following students were recognized for showing **EMPATHY** for the month of **DECEMBER**:

Ms. Pigeon & Ms. Boileau – JK/SK \* Jeffrey Y. & Landon M.

Ms. Cryderman & Ms. Bruyere – JK/SK \* Emmett H. & Elise E.M.

Ms. Brooks – 1 \* Chloe M. & Avery P.

Ms. Dumont – 1/2 \* Braeden S. & Grayson K.

Ms. Marsh – 2 \* Parker D. & Jiyeon K.

Ms. Miller – 2/3 \* Ellianna M. & Bailey S.

Ms. Edkins – 3 \* Hunter C. & Ashlyn J.

Ms. Hollohan – 3/4 \* Elliot B. & Aubrielle T.

Mr. Markwick – 4 \* Christie-Lynn J. & Jackson P.

Ms. Mourre – 5 \* Sam G. & Kasidee D.R.

Ms. Hocking – 5/6 \* Hannah C. & Kyla P.

Ms. Flood – 6 \* Eve L. & Gabe G.

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### Important Dates for January

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January 7 – School Resumes

January 15 – Kindergarten  
Open House 5:30-6:30 pm

January 23 – Walden Cross  
Country Ski Loppet

January 30 – Bell Let's Talk  
Day

January 31 – Kindergarten to  
Lake Laurentian

January 31 – Ms. Miller's Gr.  
2/3 and Ms. Hollohan's Gr.  
3/4 classes to Dynamic Earth

February 1 – PD Day

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# Kindergarten Information Night

Our Kindergarten Information Night will be held on  
**Tuesday, January 15<sup>th</sup> from 5:30 to 6:30 pm.**

This is an exciting night to introduce your child to our school.

Come out to meet our teachers, visit the school and try some fun activities.

We will be accepting registrations for the 2019-2020 school year.

If you have a child that will be 4 years old by December 31, 2019, your child will be eligible for kindergarten classes with the Rainbow District School Board.

If your child is starting school for the very first time, please consider completing the online registration form before you attend the information night. This will give you an opportunity to enjoy more time engaging in school readiness activities with your child. The registration form can be found using the following link:

<https://www.rainbowschools.ca/register-now/registration/>

You can connect with us at 705-566-2424 with any questions.

Cyril Varney offers a before and after school program delivered by the YMCA. They can be reached at 705-688-7300 ext. 2126 if you are interested.

Looking forward to seeing you here on Tuesday, January 15<sup>th</sup>!

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## A very big THANK YOU!

We would like to extend a very big thank you to everyone who helped to make Christmas time at Varney extra special: Mrs. Boulanger for organizing a fabulous pancake breakfast with Santa, as well as for organizing monetary donations for several of our Varney families, the teachers and educational assistants for working so hard with the students to prepare a wonderful Christmas concert and to decorate the gym, the students for their wonderful performances to celebrate the season, Ms. Bruyere for spearheading the Infant Foodbank Fill the Crib Campaign, and of course to all of you who helped donate to both the Fill the Crib Campaign and the Edgar Burton Food Drive! You have shown such generosity. In total, we raised 520 food items for the Food Bank. We are so lucky to have a very generous and caring community!

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# January Character Trait

## Cooperation

## L'integrite

## Wewenizhichigewin

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### INCLEMENT WEATHER

Winter is here!

In case of inclement weather, please listen to the radio or visit [businfo.ca](http://businfo.ca) to verify if busses are running.

**If busses are cancelled, teachers will be at the school teaching a regular school day.**

The cold weather has arrived and the students will be going outside for fresh air. It is always much more fun when one is warm and dry. You may wish to send some extra socks or mittens in your child's back pack. Mittens can easily be labelled by writing your child's name on the tags.

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### Streetwise

Streetwise is a handbook created in partnership with the City of Sudbury offering support services for students and families.

If interested, handbooks can be picked up at the school's main office or can be accessed online through the link below.

<http://homelessnessnetwork.ca/sreet-wise/>

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## Cyril Varney Needs You!

If you are interested in being a Varney Volunteer, please contact the school (705-566-2424). We are always looking for volunteers to help with our Breakfast Program, as well as many other areas of the school. Volunteers do require a current police record check.

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### A Special Victors' Welcome

We would like to extend a warm Varney welcome to both Mademoiselle McQuirter and Ms. Edkins, two new staff members who have recently joined our Cyril Varney family. Mademoiselle McQuirter is teaching French and Music and Ms. Edkins is teaching Grade 3.

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## Lates & Absences

If your child will be late for school or is absent, please call the school to let us know. You can **call at any time** to leave a message on our answering machine.

Our number is (705) 566-2424.



### Daily School Schedule

8:30am – Breakfast Program

8:45am – Classes begin

10:45am – 1<sup>st</sup> Nutrition Break begins

11:25am – 1<sup>st</sup> Nutrition Break ends

11:25am – Classes begin

1:25pm – 2<sup>nd</sup> Nutrition Break begins

2:05pm – 2<sup>nd</sup> Nutrition Break ends

2:05pm – Classes begin

3:00pm – Walkers leave (out the side door of the building)  
**Please meet you child outside the side doors.**

3:05pm – Bussers meet in their designated areas of the junior end.

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**Please feel free to call us at (705)566-2424 anytime. Communication of issues, events, etc. will help to solve and especially prevent potential problems.**



Character Trait

Cooperation  
 La Cooperation  
 Wiidokaagewin

Hot Lunches

Fridays – Pizza \$2.00

# January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Happy New Year!	2	3	4	5
6	7 Back to School	8	9	10	11	12
13	14	15 Kindergarten Open House 5:30 to 6:30 pm	16	17	18	19
20	21	22	23 Walden Cross Country Ski Loppet	24	25	26
27	28	29	30 Bell Let's Talk Day	31 Kindergarten to Lake Laurentian Ms. Miller's Gr. 2/3 & Ms. Hollohan's Gr. 3/4 classes to Dynamic Earth		

# Get Outside and Get Active!



The winter holiday break has just wrapped up and the Northern Fruit and Vegetable Program has started again in your child's school.

Each student will be able to see, touch, and taste a variety of delicious vegetables and fruit. Healthy eating is only one part of the puzzle when trying to achieve a healthy lifestyle. It is also important to be active every day and enjoy outdoor play!



**Did you know . . .** playing outside in the winter months helps children explore the outdoors, getting them to use different muscles groups, and developing their fundamental movement skills? It's important for children to play in a variety of environments such as snow and ice.

Here is a winterized **Get Outside and Get Active** list with **10** outside winter activities that can be done at or near your home.

**Can you and your family complete one or all of the activities before the snow melts?**



**1 Build a snowman.** Make this activity into a fun-friendly family competition. See who can get the most creative in findings ways to dress up their snowman.



**2 Help shovel the driveway.** By getting everyone involved, it will make the job go faster and you can get back to enjoying the outdoors together.



**3 Make a fort.** Get in your backyard and start building your dream snow house. Don't have a backyard? Go to your local park and build a snow fort there.



**4 Make a snow angel.** No matter your age, everyone loves making snow angels in the snow.



**5 Make snow paint.** Add food coloring to water and put in a spray bottle, then go out and paint your yard!



**6 Have a scavenger hunt.** Hide various items in the snow and see if you can find them all.



**7 Build a snow castle.** Use summer beach toys and fill them with snow to create your very own snow castle.



**8 Play outdoor games.** Play a sport or create a game in your yard. Go skating at an outdoor rink.



**9 Go for a nature walk.** Walk as a family or with a group of friends and notice the beauty of nature.



**10 Make ice sculptures.** Freeze water with food colouring in different size containers and build your own sculpture.

