

September 2018

Cyril Varney P.S.

Website: http://www.rainbowschools.ca/elementary/cyril_varney/

Twitter: @VarneyPS

Facebook: <http://facebook.com/varney21c>

Telephone: (705)566-2424

Fax: (705)566-6053

Cyril Varney Staff

Principal: Ms. Kim Boulanger

Vice Principal: Ms. Catherine Norrie

Secretary: Ms. Shawn Mealey

Kindergarten:

*Ms. Pigeon & Ms. Boileau

*Ms. Cryderman & Ms. Bruyere

Grade 1: Ms. Brooks

Grade 1/2: Ms. Dumont

Grade 2: Ms. Marsh

Grade 2/3: Ms. Miller

Grade 3:

*Ms. Robinson & Ms. Murray

Grade 3/4: Ms. Hollohan

Grade 4/5: Mr. Markwick

Grade 5: Ms. Mourre

Grade 5/6: Ms. Hocking

Grade 6: Ms. Flood

Music/Dance: Mr. Amadio

French/Music/Dance: Mme. Bisson

Ojibwe: Ms. McLeod

Special Education:

*Ms. Mikkola, Ms. Rybiak & Ms. Richer

Educational Assistants:

*Ms. O'Reilly & Ms. Cotie

*Ms. Senior & Ms. Mills

Librarian: Ms. Kennedy

Custodian: Mr. Moreau

Cleaner: Mr. Johnson



Important Dates for September

September 3 - Labour Day

September 4 - PA Day

September 5 - First Day of School

September 10 – Winter Coat Drive Kick-Off

September 13 – Open House and Wear Pink Day

September 17-21 – Pollution Prevention Week

September 26 – School Council Meeting 6pm

September 27 – Wear Orange Day

September 28 – PD Day

Welcome Back!

We would like to welcome everyone back from a spectacular summer! We are excited to begin a new year with you!

We look forward to another active year of learning here at Cyril Varney.

To all of our new students, we extend a warm Victor's welcome!

Students will have received **A Guide for Students and Parents/Guardians**. Please take a look through this as it will help to answer many of your questions and will inform you of some of our existing and new initiatives. For example, **G Suite for Education** will be used throughout the board. Going G Suite means that anytime, anywhere access to applications and documents, will provide students with exceptional learning opportunities, including real-time collaboration and feedback in document creation and editing, forms and surveys, and hangouts for video conferencing. For more information, read page 7 in A Guide for Students and Parents/Guardians.

Safe Arrival and Dismissal

If your child will be late for school or is absent, please call the school to let us know. You can **call at any time** to leave a message on our answering machine.

Our number is (705) 566-2424.

If you or someone else is picking up your child, we ask that you sign your child out at the office. This will help in case of an emergency.

When picking up a child at the end of the day, **please wait outside** as it is very busy at the end of the day and the halls are full.

Please report to the office whenever entering the school. There you will be asked to sign our guest book and wear a visitor's pass.

Welcome

We would like to wish a warm welcome to our new staff members, Ms. Boulanger, our new Principal, Ms. Cryderman, our Kindergarten teacher, Ms. Dumont, our grade 1/2 teacher, Ms. Marsh, our grade 2 teacher, Ms. Robinson & Ms. Murray our grade 3 teachers, Ms. Hocking, our grade 5/6 teacher, Ms. Flood, our grade 6 teacher, Ms. Rybiak, our Special Education and Empower teacher, Mme. Bisson, our French and Primary Music/Dance teacher, and Ms. Mills, one of our Educational Assistants!

We are a nut and sesame-controlled environment.

We have several students this year who have allergies to nuts, sesame and nut/sesame products. We will be enforcing our procedures regarding nuts, sesame and nut/sesame products at the school. Help us keep our school safe by refraining from sending any nut or sesame products in lunches. Please do not send in WOW Butter, as this is not allowed in the school.

September Character Trait

Respect

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Blue Handouts

Keep your eyes open for any blue pages that could be coming home this month.

Remember: any **blue pages** coming home need to be signed and sent back to school.

Media Consent

Media consent forms will need to come back to the school signed and stating your preferences regarding school use of pictures.

School Calendar

&

School Council Membership Forms

A calendar card and School Council Membership form will also be sent home in the first few days of school.

Thursday September 13th is

Wear Pink Day.

Be sure to wear pink to show your support of being a BUDDY, not a BULLY.

Asthma

If your child has ASTHMA, please let your child's teacher know so that we can have a plan in effect so that appropriate measures can be taken.

Don't Miss This Event

Parent Involvement Committee

The Annual General Meeting will take place Tuesday October 30, 2018 starting at 7pm.

Topic: Emotions and Learning

Meetings are held at the Rainbow District School Board Centre for Education (408 Wembley Drive, Sudbury).

Cyril Varney School Council

We will have our first meeting of the year on **Wednesday September 26th** starting at **6pm** in the staffroom at Varney. See you there!

Pollution Prevention Week at Cyril Varney

During the **week of September 17th**, we are challenging all of our Varney Victors to help **BEAT PLASTIC POLLUTION** by going litterless and refraining from using plastics (plastic bags, one time use water bottles, plastic cutlery, etc.).

Every year, 500 billion plastic bags are used globally, 13 million tonnes of plastic leak into the ocean, 17 million barrels of oil are used on plastic production and 100,000 marine animals are killed by plastic.

50% of consumer plastics are single use and it takes 100 years for plastic to degrade in the environment.

Reusable water bottles and lunch containers, metal cutlery, paper straws and reusable cloth grocery bags are just a few ways to help reduce our use of plastics and make a difference in protecting our planet!

We hope you take the challenge with us!!!



Daily School Schedule

8:30am – Breakfast Program

8:45am – Classes begin

10:45am – 1st Nutrition Break begins

11:25am – 1st Nutrition Break ends

11:25am – Classes begin

1:25pm – 2nd Nutrition Break begins

2:05pm – 2nd Nutrition Break ends

2:05pm – Classes begin

3:00pm – Walkers leave

3:05pm – Bussers meet in the gym

BUSSES

If you need more information, or if you change residences, please call the consortium at (705)521-1234.

Cyril Varney Bingos

Tuesday January 1, 2019 at 6:30pm
Tuesday January 8, 2019 at 6:30pm
Tuesday January 15, 2019 at 6:30pm
Tuesday January 22, 2019 at 6:30pm
Tuesday January 29, 2019 at 6:30pm

Thursday March 7, 2019 at 6:30pm
Thursday March 14, 2019 at 6:30pm
Friday March 29, 2019 at 10:30pm

**If you feel you can help out, please don't hesitate to call
(705)566-2424.**

By working at the Boardwalk Gaming Centre, you support Cyril Varney Public School. Boardwalk Gaming supports our students by providing funds used to enhance our learning environment.

Become a Bingo Volunteer for Cyril Varney

Upcoming training sessions are:

Tuesday September 11, 2018 at 6pm at the Sudbury Foodbank

Monday October 15, 2018 at 9am at Delta Bingo and Gaming

Sessions are just over an hour long and no appointment is needed. For more information, call Richard.

(705)560-4243 Ext. 225

Cyril Varney Needs You!

If you are interested in being a Varney Volunteer, please contact the school (705-566-2424). We are always looking for volunteers to help with our Breakfast Program, as well as many other areas of the school. Volunteers do require a current police record check.

**Please feel free to call us at
(705)566-2424 anytime.
Communication of issues,
events, etc. will help to solve
and especially prevent
potential problems.**

Winter Clothing Drive

Do you have winter clothes that your family has outgrown? Starting Monday September 10th, we will be collecting gently used winter clothing for reuse by those in need.

This initiative is in support of Our Children Our Future.

Thank you in advance for helping Cyril Varney give back to our community!

Cyril Varney's

Open House & BBQ

Thursday September 13th is our annual Open House and BBQ.

5:30pm – 6:30pm

We can't wait to see you!

Orange Shirt Day is September 27, 2018

Students and staff are invited to wear orange as a way to educate students about the history of Residential Schools in Canada.

Asthma-Friendly Schools

Many children have asthma.

Some asthma attacks can be life threatening. Rainbow District School Board staff receive asthma education and training on recognizing triggers and symptoms.

Please contact your school Principal as soon as possible.

If you are a parent/guardian of a child with asthma, we need your co-operation in providing the school with current medical information and in developing a plan with your child's Principal to protect your child.

Please also contact the Sudbury Student Services Consortium at 705.521.1234 and inform your child's bus driver of your child's condition.

Students under 16 years of age who have parental permission are permitted to carry their own asthma medication with them at school. Students 16 years of age and older do not require parental permission.

Nut-controlled Schools

Anaphylaxis Alert!

Communities Working Together To Protect Our Children

Many children have allergies. Some allergic reactions can be life threatening. This medical condition is called anaphylaxis. Some children, for example, are severely allergic to nut products, including peanut butter or other severe allergens that may also lead to anaphylaxis. Even a tiny bit can be fatal within minutes.

Rainbow District School Board promotes co-operation towards nut-controlled schools.

However, we cannot guarantee a nut-free environment.

We caution parents/guardians of an anaphylactic child that traces of nut products can be hidden. Students can fail to recognize they have nut products in their lunches, and/or students may not admit that they have nut products.

Please contact your school Principal as soon as possible.

If you are a parent/guardian of a child with a life-threatening allergy, we need your co-operation in providing the school with current medical information and in developing a plan with your child's Principal to protect your child from danger.

Please also contact the Sudbury Student Services Consortium at 705.521.1234 and inform your child's bus driver of your child's condition.

Avoiding Peanuts in Schools

We encourage all parents/guardians to send foods to school without nuts or nut products.

- www.aaia.ca
- www.allergyasthma.on.ca
- www.foodallergy.org
- www.anaphylaxis.org

Parents may be asked to avoid packing lunches with other foods that could result in a severe allergic reaction for another student.

TIPS for Packing

Nut-controlled lunches and snacks

READ all ingredient lists very carefully. Although some food product labels note *may contain traces of peanuts*, this information is not consistently provided by all manufacturers.

RE-CHECK the list each time you buy a product to make sure that the ingredients have not changed. If you have questions about the product, contact the manufacturer directly. If you cannot contact the manufacturer, do not purchase the product.

AVOID any products that do not carry a complete list of ingredients (e.g. on-site bakery and bulk food products). As well, there is a much greater risk for cross-contamination with bulk food products. Safe foods become unsafe through contact with peanuts or peanut products. Keep this in mind when buying foods from bulk bins.

PREPARE FOOD SAFELY. Wash hands thoroughly and make sure that all cutting boards, food preparation utensils, counter tops and containers are clean and sanitized. Peanut residue can easily be passed on to other foods during preparation (e.g. don't dip the knife used to spread peanut butter in the jelly jar).

TEACH children to wash their hands and faces well with soap and water before and after eating meals, both at home and at school. Remind them not to share their lunch and snack foods, utensils or food containers with classmates.

WORK with your school community to create a nut-controlled environment.



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Plan of Care

Students with anaphylaxis, asthma, diabetes and epilepsy will have a personalized Plan of Care. The school principal, parents/guardians, the student and relevant medical professionals will develop the Plan of Care collaboratively at the beginning of the school year. The Plan of Care will outline the student's medical condition, provide a detailed plan of care, and list the appropriate personnel with whom the plan is to be shared.



Character Trait

Respect
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Hot Lunches

Beginning in October
 Fridays – Pizza

September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Labour Day	4 PA Day	5 First Day of School	6	7	8
9	10 Winter Coat Drive Kick-Off	11	12	13 Wear Pink Day Open House	14	15
16	17 Pollution Prevention Week	→	→	→	→	22
23	24	25	26 School Council 6pm	27 Orange Shirt Day	28 PA Day	29
30						