

September 2019

Cyril Varney P.S.

Website: http://www.rainbowschools.ca/elementary/cyril_varney/

Facebook: <http://facebook.com/CyrilVarneyPS>

Telephone: (705)566-2424

Fax: (705)566-6053



Important Dates for September

September 2 - Labour Day

September 3 - PD Day

September 4 - First Day of School

September 9 – Winter Clothing Drive Kick-Off

September 12 – Open House BBQ and Wear Pink Day

September 13 – Bus Safety Presentations

September 16 – School Council Meeting @ 6pm

September 16-22 – Pollution Prevention Week

September 24 – LU Voyageur X-Country Running Challenge

September 26 – Terry Fox Run

September 27 – PD Day

September 30 – Orange Shirt Day

Cyril Varney Staff

Principal: Ms. Kendra Mihell

Vice Principal: Ms. Catherine Norrie

Secretary: Ms. Bobbi-Lyn Carriere

Kindergarten:

*Ms. Pigeon & Ms. Boileau

*Ms. Pulice & Ms. Vaillancourt

Grade 1: Ms. Brooks

Grade 1/2: Ms. Bonsu

Grade 2: Ms. Marsh

Grade 2/3: Ms. Hollohan

Grade 3: Ms. Miller

Grade 4: Mr. Markwick

Grade 4:

* Mr. Amadio & Ms. Rybiak

Grade 5: Ms. Mourre

Grade 5/6:

*Ms. Marcotte/Ms. Hocking

Grade 6: Ms. Flood

Music/Dance: Mr. Amadio

French/Music/Dance:

*Mme. Patterson

Ojibwe: Ms. McLeod

Special Education:

*Ms. Mikkola, Ms. Nixon/Ms. Richer & Ms. Norrie

Empower Reading: Ms. Rybiak

Educational Assistants:

*Ms. O'Reilly & Ms. Cotie

*Ms. Senior & Ms. Garrison

Librarian: Ms. Bardell

Custodian: Ms. Cornthwaite

Cleaner: Ms. Cromwell & Mr. Collin

Welcome Back!

We would like to welcome everyone back from a spectacular summer! We are excited to begin a new year with you!

We look forward to another active year of learning here at Cyril Varney.

To all of our new students, we extend a warm Victor's welcome!

Students will have received **A Guide for Students and Parents/Guardians**. Please take a look through this as it will help to answer many of your questions and will inform you of some of our existing and new initiatives. For example, **G Suite for Education** will be used throughout the board. Going G Suite means that anytime, anywhere access to applications and documents, will provide students with exceptional learning opportunities, including real-time collaboration and feedback in document creation and editing, forms and surveys, and hangouts for video conferencing. For more information, read page 7 in A Guide for Students and Parents/Guardians.

Safe Arrival and Dismissal

If your child will be late for school or is absent, please call the school to let us know. You can **call at any time** to leave a message on our answering machine.

Our number is (705) 566-2424.

If you or someone else is picking up your child, we ask that you sign your child out at the office. This will help in case of an emergency.

When picking up a child at the end of the day, **please wait outside** as it is very busy at the end of the day and the halls are full.

Please report to the office whenever entering the school. There you will be asked to sign our guest book and wear a visitor's pass.

Welcome

We would like to wish a warm welcome to our new staff members, Ms. Mihell, our new Principal, Ms. Carriere, our new secretary, Ms. Pulice, our new Kindergarten teacher, Mme. Patterson, our new French and Primary Music/Dance teacher, Ms. Vaillancourt, our new DECE, Ms. Bardell, our new library clerk, Ms. Corthwaite, our new custodian, Mr. Collin, our new cleaner, as well as Ms. Marcotte in the grade 5/6 class and Ms. Nixon as SERT!

September Character Trait

Respect

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Blue Handouts

Keep your eyes open for any blue pages that could be coming home this month.

Remember: any **blue pages** coming home need to be signed and sent back to school.

Media Consent

Media consent forms will need to come back to the school signed and stating your preferences regarding school use of pictures.

School Calendar

&

School Council Membership Forms

A calendar card and School Council Membership form will also be sent home in the first few days of school.

We are a nut and fish-controlled environment.

We have several students and staff this year who have allergies to nuts, fish and nut/fish products. We will be enforcing our procedures regarding nuts, fish and nut/fish products at the school. Help us keep our school safe by refraining from sending any nut or fish products in lunches. Please do not send in WOW Butter, as this is not allowed in the school.

Thursday September 12th is

Wear Pink Day.

Be sure to wear pink to show your support of being a BUDDY, not a BULLY.

Asthma

If your child has ASTHMA, please let your child's teacher know so that we can have a plan in effect so that appropriate measures can be taken.

Don't Miss This Event

Parent Involvement Committee

The Annual General Meeting will take place Tuesday October 29, 2019 starting at 6pm.

Topic: Social Media Screenagers Documentary at 7pm

Location: Sheridan Auditorium, Sudbury Secondary School (154 College Street, Sudbury ON)

Cyril Varney School Council

We will have our first meeting of the year on **Monday September 16th** starting at **6pm** in the staffroom at Varney. See you there!

Pollution Prevention Week at Cyril Varney

During the **week of September 16th**, we are challenging all of our Varney Victors to help **BEAT PLASTIC POLLUTION** by going litterless and refraining from using plastics (plastic bags, one time use water bottles, plastic cutlery, etc.).

Every year, 500 billion plastic bags are used globally, 13 million tonnes of plastic leak into the ocean, 17 million barrels of oil are used on plastic production and 100,000 marine animals are killed by plastic.

50% of consumer plastics are single use and it takes 100 years for plastic to degrade in the environment.

Reusable water bottles and lunch containers, metal cutlery, paper straws and reusable cloth grocery bags are just a few ways to help reduce our use of plastics and make a difference in protecting our planet!

We hope you take the challenge with us!!!



Daily School Schedule

8:30am – supervision on the schoolyard begins

8:45am – classes begin

10:45am – 1st nutrition break begins

11:25am – 1st nutrition break ends

11:25am – classes begin

1:25pm – 2nd nutrition break begins

2:05pm – 2nd nutrition break ends

2:05pm – classes begin

3:00pm – walkers leave

3:05pm – bussers meet in the gym

BUSSES

If you need more information, or if you change residences, please call the consortium at (705)521-1234.

Cyril Varney Bingos

Sunday January 5, 2020 at 2:30pm
Saturday January 11, 2020 at 10:30pm
Sunday January 12, 2020 at 2:30pm
Sunday January 19, 2020 at 2:30pm
Sunday January 26, 2020 at 2:30pm

**If you feel you can help out, please don't hesitate to call
(705)566-2424.**

By working at the Delta Bingo and Gaming Centre, you support Cyril Varney Public School. Delta Bingo and Gaming supports our students by providing funds used to enhance our learning environment.

Become a Bingo Volunteer for Cyril Varney

Upcoming training sessions are:

Thursday September 19, 2019 at 9am at Delta Bingo and Gaming Val Caron.

Thursday October 10, 2019 at 6pm at Delta Bingo and Gaming Val Caron.

Sessions are just over an hour long and no appointment is needed. For more information, call Richard.

(705)560-4243 Ext. 225

Cyril Varney Needs You!

If you are interested in being a Varney Volunteer, please contact the school (705-566-2424). We are always looking for volunteers to help with our Breakfast Program, as well as many other areas of the school. Volunteers do require a current police record check.

Winter Clothing Drive

Do you have winter clothes that your family has outgrown? Starting Monday September 9th, we will be collecting gently used winter clothing for reuse by those in need.

This initiative is in support of Our Children Our Future.

Thank you in advance for helping Cyril Varney give back to our community!

**Please feel free to call us at
(705)566-2424 anytime.
Communication of issues,
events, etc. will help to solve
and especially prevent
potential problems.**

Lunch Supervisor Needed

We are currently looking for a lunch supervisor to work on a daily basis here at Cyril Varney.

Duties would include both lunch and yard supervision of students for both nutritional breaks (10:45am-11:25am and 1:25pm to 2:05pm).

If you are interested in applying, please contact the office (705)566-2424.

Cyril Varney's

Open House & BBQ

Thursday September 12th is our annual Open House and BBQ.

5:30pm – 6:30pm

We can't wait to see you!

Orange Shirt Day is September 30, 2019

Students and staff are invited to wear orange as a way to educate students about the history of Residential Schools in Canada.



Sign up today!

An easy way for parents to pay:
SchoolCashOnline

- field trips
- spirit wear
- hot lunches
- athletic fees
- yearbooks
- and more!

Sign up at rainbowschools.schoolcashonline.com

Important:

Information Update Needed

Today, your child brought home an office index card with all of their pertinent student information on it. In order to ensure we have the most up to date information, we ask that you look over this sheet, make any changes necessary and return it to the school as soon as possible.

In addition, in an effort to reduce paper use, we are moving to sending newsletters and other school information home electronically. In order to do so, the school requires a current email address for each family. Please make sure to include this on your child's information sheet.

Thank you in advance for helping to update our system and move towards a more environmentally friendly method of home/school communication!

Asthma-Friendly Schools

Many children have asthma.

Some asthma attacks can be life threatening. Rainbow District School Board staff receive asthma education and training on recognizing triggers and symptoms.

Please contact your school Principal as soon as possible.

If you are a parent/guardian of a child with asthma, we need your co-operation in providing the school with current medical information and in developing a plan with your child's Principal to protect your child.

Please also contact the Sudbury Student Services Consortium at 705.521.1234 and inform your child's bus driver of your child's condition.

Students under 16 years of age who have parental permission are permitted to carry their own asthma medication with them at school. Students 16 years of age and older do not require parental permission.

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Nut-controlled Schools

Anaphylaxis Alert!

Communities Working Together To Protect Our Children

Many children have allergies. Some allergic reactions can be life threatening. This medical condition is called anaphylaxis. Some children, for example, are severely allergic to nut products, including peanut butter or other severe allergens that may also lead to anaphylaxis. Even a tiny bit can be fatal within minutes.

Rainbow District School Board promotes co-operation towards nut-controlled schools.

However, we cannot guarantee a nut-free environment.

We caution parents/guardians of an anaphylactic child that traces of nut products can be hidden. Students can fail to recognize they have nut products in their lunches, and/or students may not admit that they have nut products.

Please contact your school Principal as soon as possible.

If you are a parent/guardian of a child with a life-threatening allergy, we need your co-operation in providing the school with current medical information and in developing a plan with your child's Principal to protect your child from danger.

Please also contact the Sudbury Student Services Consortium at 705.521.1234 and inform your child's bus driver of your child's condition.

Avoiding Peanuts in Schools

We encourage all parents/guardians to send foods to school without nuts or nut products.

- www.aaia.ca
- www.allergyasthma.on.ca
- www.foodallergy.org
- www.anaphylaxis.org

Parents may be asked to avoid packing lunches with other foods that could result in a severe allergic reaction for another student.

TIPS for Packing

Nut-controlled lunches and snacks

READ all ingredient lists very carefully. Although some food product labels note *may contain traces of peanuts*, this information is not consistently provided by all manufacturers.

RE-CHECK the list each time you buy a product to make sure that the ingredients have not changed. If you have questions about the product, contact the manufacturer directly. If you cannot contact the manufacturer, do not purchase the product.

AVOID any products that do not carry a complete list of ingredients (e.g. on-site bakery and bulk food products). As well, there is a much greater risk for cross-contamination with bulk food products. Safe foods become unsafe through contact with peanuts or peanut products. Keep this in mind when buying foods from bulk bins.

PREPARE FOOD SAFELY. Wash hands thoroughly and make sure that all cutting boards, food preparation utensils, counter tops and containers are clean and sanitized. Peanut residue can easily be passed on to other foods during preparation (e.g. don't dip the knife used to spread peanut butter in the jelly jar).

TEACH children to wash their hands and faces well with soap and water before and after eating meals, both at home and at school. Remind them not to share their lunch and snack foods, utensils or food containers with classmates.

WORK with your school community to create a nut-controlled environment.

PLEASE DO NOT send peanut butter substitutes to school. It is difficult to tell the difference between a substitute and real peanut butter. We cannot rely on labelling. Let's err on the side of safety.



Asthma-Friendly Schools

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If you are a parent/guardian of a child with asthma, we need your co-operation in providing the school with current medical information and in developing a plan with your child's Principal to protect your child.

Please also contact the Sudbury Student Services Consortium at 705.521.1234 and inform your child's bus driver of your child's condition.

Students under 16 years of age who have parental permission are permitted to carry their own asthma medication with them at school.

Students 16 years of age and older do not require parental permission.

Plan of Care

Students with anaphylaxis, asthma, diabetes and epilepsy will have a personalized Plan of Care. The school principal, parents/guardians, the student and relevant medical professionals will develop the Plan of Care collaboratively at the beginning of the school year. The Plan of Care will outline the student's medical condition, provide a detailed plan of care, and list the appropriate personnel with whom the plan is to be shared.

REGISTER TODAY!

SkateABLE

ADAPTIVE ICE
SKATING



SkateABLE™ Sudbury

SkateABLE™ is Canada's flagship high-quality adaptive ice-skating program for children with physical and developmental disabilities.

Our program is developmentally appropriate for children with a wide variety of challenges including: cerebral palsy, spina bifida, spinal cord injury, muscle weakness, as well as autism, down syndrome, learning disabilities, and other developmental delays.

All adaptive equipment is provided free of charge.

Visit us on Facebook for regular updates:

[facebook.com/Sk8ABLE](https://www.facebook.com/Sk8ABLE)

SkateABLE™

Cambrian Arena
795 Cambrian Heights Dr.,
Sudbury

Mondays @ 4pm
(spaces are limited)

Program Dates:

Fall Session: Oct 21-Dec 9, 2019

Winter Session: Jan 20-Mar 16,
2020 (no skating Feb 17)

Register Today:

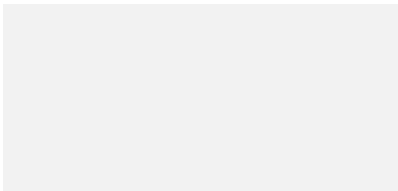
www.skateablecanada.com

Registered Charity#802886846



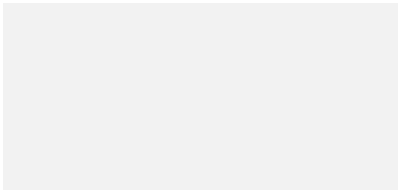
Character Trait

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Hot Lunches

Beginning in October
 Fridays – Pizza



September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labour Day	3 PA Day	4 First Day of School	5	6	7
8	9 Winter Clothing Drive Kick-Off	10	11	12 Wear Pink Day Open House BBQ	13 Bus Safety Presentations	14
15	16 Pollution Prevention Week School Council Meeting @6pm	17 →	18 →	19 →	20 →	21
22	23	24 LU Voyageur X Country Running Challenge	25	26 Terry Fox Run	27 PA Day	28
29	30 Orange Shirt Day					